

YOUTH PROGRAMS

Developing Life Skills for Active Youth



Cheerleading

- Cheers, Chants, Jumps, and Stunting
- Pom Dance Routines, Fun Team-Building
- Clinics, Showcases and Competitions - Up to Nationals

Classes
Start at Only
\$9 Weekly!

Karate/ Martial Arts

- Essential Life Skills - Respect and Discipline
- Self Defense, Abduction Prevention, and Anti Bullying
- Advancement through Black Belt with Certified Black Belt Instructors

Soccer

- Positive Team Environment
- Qualified, Non-Volunteer Coaches
- Beginner Through Advanced Skills
- Fun Lessons, Games, Tournaments and Challenges

All Sports are Co-ed



EARN
GREAT
AWARDS
in
EVERY SPORT

Not all programs are available in all areas – See details on reverse side.

**These classes are offered in partnership with the
WESD Community Enrichment Program**

MARTIAL ARTS/KARATE AGES 4 – 15

CLASS LOCATION	CLASS DAY	DATES	CLASS TIMES (Arrive 15 minutes early for registration)	
Orangewood Elementary School Cafeteria 7337 N. 19th Ave. Phoenix, 85021	Wednesday	8/28 - 1/15 (17 weeks) Start Date: 8/28	Beginners & Yellow Belts (Ages 4 - 6)	5:30 - 6:15 p.m.
			Beginners & Yellow Belts (Ages 7+)	6:15 - 7:00 p.m.
			Green Belts & Above	7:00 - 8:00 p.m.
Cholla Middle School Cafeteria 3120 W. Cholla St. Phoenix, 85029	Thursday	8/29 - 1/16 (16 weeks) Start Date: 8/29	Beginners & Yellow Belts (Ages 4 - 6)	5:30 - 6:15 p.m.
			Beginners & Yellow Belts (Ages 7+)	6:15 - 7:00 p.m.
			Green & Blue Belts	7:30 - 8:15 p.m.

\$9.00 per week for a 45 minute lesson. Extended class fee is \$10.00 per week for a 60 minute lesson. Uniforms are available (not required) for \$33.00.

CHEERLEADING AGES 4 – 15

CLASS LOCATION	CLASS DAY	DATES	PRACTICE TIMES (Arrive 15 minutes early for registration)	
Lookout Mountain Elementary School Gym 15 W. Coral Gables Dr. Phoenix, 85023	Monday	8/26 - 1/13 (16 weeks) Start Date: 8/26	JV (Ages 4 - 6)	5:45 - 6:30 p.m.
			Varsity (Ages 7 - 9)	6:30 - 7:15 p.m.
			Jr. All Stars (Ages 10 - 15)	7:15 - 8:15 p.m.
			Pro (Tryout Team)	8:15 - 9:15 p.m.
Abraham Lincoln Traditional School Cafeteria 10444 N. 39th Ave. Phoenix, 85051 (Previously held at Acacia Elementary School)	Thursday	8/29 - 1/16 (17 weeks) Start Date: 8/29	JV (Ages 4 - 6)	5:30 - 6:15 p.m.
			Varsity (Ages 7 - 9)	6:15 - 7:00 p.m.
			Jr. All Stars (Ages 10 - 15)	7:00 - 8:00 p.m.
			Pro (Tryout Team)	8:00 - 9:00 p.m.
Washington Elementary School Gym 8033 N. 27th Ave. Phoenix, 85051	Friday	9/6-1/17 (16 weeks) Start Date: 9/6	JV (Ages 4 - 6)	5:30 - 6:15 p.m.
			Varsity (Ages 7 - 9)	6:15 - 7:00 p.m.
			Jr. All Stars (Ages 10 - 15)	7:00 - 8:00 p.m.
			Pro (Try out team)	8:00 - 9:00 p.m.

\$9.00 per week for a 45 minute lesson. JV/Varsity poms \$27.00 (Inc.ID tags) Avail. at class. *All Star class fee \$10.00/week for a 60min. lesson. Jr. All Star Team poms \$24.00.

SOCCER AGES 5 - 15

CLASS LOCATIONS	CLASS DAY	DATES	REGISTRATION TIMES	ORIENTATION & 1st PRACTICE
Abraham Lincoln Traditional Soccer Field 10444 N. 39th Avenue Phoenix, 85051	Saturday	9/7 - 12/14 (13 weeks) Start Date: 9/7	9:00 a.m. (Ages 5 - 6) 10:45 a.m. (Ages 7 - 8) 12:30 p.m. (Ages 9 - 15)	9:30 - 10:20 a.m. (Ages 5 - 6) 11:15 a.m. - 12:05 p.m. (Ages 7 - 8) 1:00 - 1:50 p.m. (Ages 9 - 15)
Lookout Mountain Soccer Field 15 W. Coral Gables Dr. Phoenix, 85023	Saturday	9/14 - 12/14 (12 weeks) Start Date: 9/14	9:00 a.m. (Ages 5 - 6) 10:45 a.m. (Ages 7 - 8) 12:30 p.m. (Ages 9 - 15)	9:30 - 10:20 a.m. (Ages 5 - 6) 11:15 a.m. - 12:05 p.m. (Ages 7 - 8) 1:00 - 1:50 p.m. (Ages 9 - 15)
Ocotillo Soccer Field 3225 W. Ocotillo Rd. Phoenix, 85017	Saturday	9/14 - 12/14 (12 weeks) Start Date: 9/14	9:00 a.m. (Ages 5 - 6) 10:45 a.m. (Ages 7 - 8) 12:30 p.m. (Ages 9 - 15)	9:30 - 10:20 a.m. (Ages 5 - 6) 11:15 a.m. - 12:05 p.m. (Ages 7 - 8) 1:00 - 1:50 p.m. (Ages 9 - 15)

\$9.00 per week for a 50 minute lesson. Soccer ball (\$14.00) and shin pads (\$12.00/pair) are required by the 2nd week and are available at class or you may bring your own.

Weekly soccer practice times will be assigned for the semester during Registration Day.

- Registration open the first three weeks • Registration fee: \$10.00, non-refundable • Pay weekly or for the full semester.
- Register online or at class • Parent/Legal guardian must register student • Checks/Cash/Money Order accepted. Credit/Debit accepted at most locations
- Parents/friends encouraged to watch the first & last class of the semester • For Soccer-In case of bad weather, registration will be held the next week

SAVE TIME REGISTER ONLINE!

PARA ESPAÑOL LLAME 480-603-3780, O visite nuestra pagina www.activstars.com

For more information call 480-603-3780 or visit us at www.activstars.com

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